

21.-23.2 HELSINKI sightseeing	Sun 23rd Feb ARRIVAL	Mon 24th Feb WELCOME	Tues 25th Feb GETTING TO KNOW EACH OTHER/ACTIVITIES IN INTERNATIONAL GROUPS	Wed 26th Feb WORKSHOPS/ACTIVITIES	Thu 27th Feb WORKSHOPS/ACTIVITIES	Fri 28th Feb HELSINKI sightseeing
Morning at 9-about 11:30		The Ball/Prom Show (dance) <i>“Wanhat”</i> <i>Senior students at the school</i> The Prom Dance <i>Wanhat</i> Official Welcome Mayor Mrs Vilma Kröger Introducing to the Program Merja All partner schools introduce themselves 10mins/country Presenting LOGOs and voting Ludmila	Game 1 : by Riikka Game 2: by Poland Ludmila & Tomasz Game 3-7 by all countries Learning different languages, by all countries	Youngsters’ workshops: Sport activities outdoor/indoor (guided groups with the physical education teacher Mrs Tiina Kirvesmies and assistants Teachers’ program: eTwinning, Mobility Tool, planning the program ahead Merja & Ludmila	A guest lecturer: UEF University of Eastern Finland: Department of Public Health and Clinical Nutrition Mrs Aija Laitinen Master of Health Sciences Functional Workshops in international groups concerning food and eating habits. Picture collages.	- Departure from Pielavesi at 04:00 (Romania, Turkey) - Departure from Kuopio at 05:35 (Romania, Turkey) - Departure from Pielavesi at 09:00 (Iceland, Poland) - Departure from Kuopio at 11:26 (Iceland, Poland)
Lunch till 12:15		at the school	at the school	at the school	at the school	
Afternoon 12:15-15:00		- Guided tour through Finnish education system: Visiting primary school, upper comprehensive school and upper secondary school Susanna, Alina, Elli, Henni	1 ACTIVITY: “Elevator pitch” by Riikka 2. follow up ACTIVITY: by all countries 3. ACTIVITY – REACH A SUCCESS “super hero” by Poland	12:15-15:00 Martha Organization in Finland https://www.martat.fi/in-english/ 12:15-13: Martha Organization presents itself and its activities and patterns Elli, Merja, Riikka 13-15 students: cooking Elli, Sui, Wenla, Vilma K 14-15 teachers: job shadowing Mrs Riikka Tikkanen & English lesson	Ski Center <i>Kakkomäki</i> Outdoor activities, grilling sausages, ski jumping shows https://www.facebook.com/pg/kakkomaki/posts/ (about 60 people)	
Free Time activities 15-16/17 Snacks guests & hosts		at 15-16 Youngsters: snack at the youth center Teachers’ meeting at the Lukio	at 15-17 at the youth center	at 15- at the youth center (some students)	at 15-16 at the youth center	Arriving at Helsinki, Flights/ settling down at the Hotel https://www.omenahotels.com/en/
Evening 16/17-19	Departure from Kuopio 19:30 Arriving in Pielavesi, settling down At the School: 20:35 In Säviä 21:00 In Laukkala: 21:30	at 16-19 at the Lukio Culture presentations: about 20-30 mins/country International Evening & Potluck (bring-dish-party) at the school - Getting to know each other (altogether 70 people)	at 17-19 Youngsters: Bowling & Dinner Group 1 and Group 2! (Bowling Center <i>Kaato</i>) https://fi-fi.facebook.com/pielavedenkeilahalli/ (about 50 youngsters) Teachers: Teachers’ meeting & Dinner (Restaurant <i>Bar & Bistro</i>) https://fi-fi.facebook.com/Lounaskahvila-Bar-Bistro-Pielavesi-1300308310008251/ (about 20 teachers)	Relaxed – evening, free time at the hosts (no organized program)	at 16-17 at the Lukio Closing ceremony. Certificates of attendance to all participants. Final evaluation at 17-19 Farewell Dinner at the Restaurant <i>Bar & Bistro</i> https://fi-fi.facebook.com/Lounaskahvila-Bar-Bistro-Pielavesi-1300308310008251/ (about 70 people)	Free time in Helsinki https://www.oodihelsinki.fi/en/