## Assignments (offline work for the week):

- 1. Watch at least one episode of Lazy Town (before Monday)
  - $\circ$   $\;$  Especially for those who are not familiar with the show.
  - o https://www.youtube.com/watch?v=BHyzxdmQhDc
- 2. Prepare slideshow about "My shcool and hometown" (3-5 min)
  - Each country takes photos of everyday life in shcool and surroundings. Then makes a slideshow or video, max one 5 minute video per country. Add subtext and perhaps music – do not do voiceover.
- 3. Food Quiz (results introduced on Friday)
  - o Answer questions in Google Forms
  - Link will be added soon
- 4. Tik Tok Challenge (will be explained on Monday)
  - See description on bottom of page
  - $\circ$   $\,$  On Monday we will show a screen recording of how to do it
  - <u>https://padlet.com/lisbethinga05/Bookmarks?fbclid=lwAR1Hlqy\_Uf9pzZ8oht</u>
    <u>C8wjuwwc-nExkfhvwRwgm4M-KRW6j04HDn8uz4s5U</u>
- 5. Food Blog on Padlet (will be explained on Monday)
  - Every participant takes photos of their meals every day and adds them onto a Padlet. Please try to follow the example we have provided in Padlet.
  - https://padlet.com/lisbethinga05/k35iok59mgfoi9bx?fbclid=IwAR1lkIArfEbAe
    iNzGrC47OVOMmDw4VZKMOLJYSvA hfci1hzFYJnBmlKxF0

## Agenda for Online Days:

### <u>Monday</u>

- 09:15 Introduction (programme for the week)
- 10:00 Live Talk from Magnus Scheving, the founder of Lazy Town

### Wednesday

- 09:15 My School and Hometown (slideshows/videos from every country)
- 10:00 Kahoot with sports related questions
- 10:30 Escape Room?

### <u>Friday</u>

- 09:15 Tik Tok Challenge watch the challenges from each country and present results
- 09:45 Live sport competition (limbo?) students and teachers
- 10:30 Group Work/Games in Breakout Rooms in Teams

# Tik Tok Challenge

This is a challenge between countries where students participate in challenges to get points and the country with the most points at the end wins. The challenges with the number of points awarded for each challenge are further down in this document. Everybody is encouraged to participate in this challenge. How this works is that participants make a TikTok video where they do each challenge. They then upload that video to Padlet (link down below), where they write what country they are competing for and what challenge they did.

### Challenges that are worth 5 points

- Do a handstand against a wall for 10 seconds
- Jump rope 100 times in a row
- Do 5 pushups (can be on the knees)
- Do a cartwheel
- Try to do the splits (you don't have to be able to do it, you only have to try)

### Challenges that are worth 10 points

- Make a 3-point shot with a basketball
- Hula hoop for a minute
- Make a human pyramid (the size of it doesn't matter, 3 people is enough)
- Wall sit for a minute
- Run one suicide

### Challenges that are worth 20 points

- Do the splits
- Do 10 burpees
- Juggle with three items for 20 seconds
- Juggle a soccer ball with your feet 10 times in a row
- Do a free handstand for 5 seconds

#### Challenges that are worth 50 points

• Do a front or back flip (please don't attempt this if you cannot do this, we don't want anybody to get hurt)