



32. Pregnant by surprise

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Pregnant or not?

- First signs of pregnancy:



- It can be bought from pharmacy and from
Abdominal bloating
Almost all markets
Sore breasts
A missed period
Sickness
Underweight
Infrequent periods
Stress
- The test is reliable only after the period is late
- The test detects hormonal changes in urine

Options in case of pregnancy

- When woman is pregnant, she has three options:
 - Give birth and raise the child herself
 - Give birth and give the child to someone else to raise
 - Abort the pregnancy

Am I ready to be a parent?

- *Am I able to raise a child?*
- *Can I handle the daily routines?*
- *Do I have a stable relationship?*
- *Can I study and work besides being parent?*
- *Do I have friend and relatives around to help me?*

Adoption

- Sometimes young mother decides to give birth even though they can't or doesn't want to raise the child themselves
- This means that the child is given to adoption
- Adoption means that the biological parents give up their right to be the parents
- The child gets parents whose capability to raise a child has been thoroughly assessed by the adoption clinic

Abortion

- Sometimes young mother decides to have an abortion
- Abortion is always done in hospital
- This should be done as soon as possible, usually before 12th week of pregnancy
- After 12 weeks you need a permission from



Valvira

National Supervisory Authority
for Welfare and Health

Homework

- Search from internet the following:
 - What rights does adopted child have to his/her biological parents?
 - What services does adoption clinic offer before adoption (preadoption)?
 - What services does adoption clinic offer after adoption (postadoption)?
 - How many children are adopted from abroad to Finland annually?