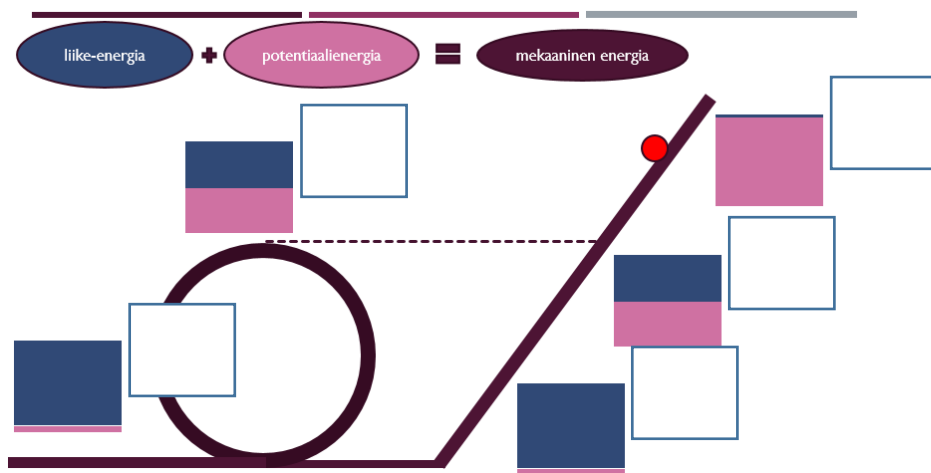


REVISION ON ENERGY

kinetic energy	$E_k = \frac{1}{2} \cdot m \cdot v^2$	joule J
potential energy	$E_{\text{pot}} = m \cdot g \cdot h$	joule J
work	$W = F \cdot s$	joule J
efficiency	$\eta = \frac{E_{\text{useful}}}{E_{\text{consumed}}}$	percentage %
power	$P = \frac{W}{t}$	watt W

1. A ball is rolling down a hill. Fill the boxes in with appropriate amounts of kinetic and potential energy.



2. Calculations with mechanical energy.

- How much potential energy does a 30-kilogram person have after walking 50 m of stairs?
- How much kinetic energy does a 1 500-kilogram car have at 10 m/s?
- How much mechanical energy does a 200-kilogram bear have at the height of 10 metres and speed of 5 m/s?

3. Ven, whose mass is 80 kilograms, is walking uphill. According to his smartwatch, he has risen 100 m.
 - a. How much potential energy has Ven gained during his climb?

 - b. To his plight, Ven does not notice a warning sign and falls off of a ledge to a lake for 100 metres. At what speed does he hit the surface of water?

4. Elysse drives a motorcycle at 10 m/s. The combined mass of the bike and its driver is 500 kg.
 - a. Find the amount of kinetic energy in Elysse and her bike.

 - b. Elysse has to halt suddenly. Into which energy form is the kinetic energy transformed?

 - c. If the braking distance to a halt is 200 metres, what was the average braking force?

5. A car consumes 6 000 J of chemical energy to gain 2 000 J of kinetic energy.
 - a. Model the situation with an energy diagram.

 - b. Find the efficiency of the car.

 - c. Evaluate whether the efficiency is high or low.

6. Find the power of a car engine that accelerates a stationary two-tonne car to the speed of 100 kilometres per hour in 10 seconds. Mind that you need to convert $100 \text{ km/h} \approx 36 \text{ m/s}$.