



FINNISH NATURE

We have four seasons.

- **Winter** begins in Finland in November and ends in March.
- **Spring** begins in Finland in March or April.
- Our **summer** months are June and July.
- **Autumn** begins in August.



NATURE IS IMPORTANT

- Finnish people love nature.
- We have our summer cottages in the countryside by a lake.
- The Finns relax by going for walks in the forest and picking the berries and swamps.
- In the winter we go skiing on our frozen lakes.
- Staying in the nature is good for the wellbeing.



FINNISH FOOD



Food that we get from the Finnish nature:

- Berries and swamps
- fish
- reindeer meat
- moose and deer meat