



Erasmus+ Week at Kuusankoski Senior High School in Kouvola.
Program: Creative Sustainability
Mo 22nd April – Fri 26th April 2024

Sunday 21st April

Arrival of the groups in Kouvola.	Slovakian group arrival at ab. 15.00. Swedish group arrival at 17.41. Lithuanian group arrival at night (first night at the hotel). Host family pick-up, evening at the host families (Slovakia, Sweden).
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Monday 22nd April

	Breakfast at the host families.
ca. 8.15am 8.30-9.30	Meet downstairs at media room (B-staircase). Program starts! Welcome & introduction of the week. Ice breaking activities. Short break (9.30-9.45).
9.45-11.00	School presentations (5 min/school). Tour at school (Finnish participants as tour guides). Ice breaking activity & international teams. Workshop 1. Brainstorming Challenge: "Sustainable business idea" → Objective is to find a good business idea for the group.
11.15-11.45	Lunch at school
11.45-13.00	Meet at homeroom. Getting to know the town of Kuusankoski. Groups work in international teams. Outdoor activity.
13.15-14.30	Workshop 2. Developing the Business idea in international teams.
	Evening at the host families. Students will pick up Lithuanians from the school to the host families. Teacher event in the evening.

Tuesday 23rd April

	Breakfast at the host families.
8.15 – 11.00	Program start at school homeroom. Workshop 3. Pics, and videos workshop. International teams. Young Entrepreneurs Arttu Kortelainen and Roope Partanen. -Story of the company, and a workshop organized by the company. -A company visit to a local media broadcasting company Same-eYes -Objective is to get to know innovative business ideas, and film a short advertisement video based on the group's idea on sustainability (10s-30s). Short break at 9.30-9.45.
11.15-11.45	Lunch at school
11.45 12.15-15.00	Walking to Kettumäki area. Meeting point in front of the school. Workshop 4. "Sustainable materials for example common reed as a material for products". Outi Myllymäki, Tanja Kukkola and Mari Ceder. -In co-operation with University of Applied sciences XAMK. Objective is to get to know a new material and develop a product.
	Evening at the host families

Wednesday 24st April

	Breakfast at the host families
8.15-9.30	Workshop 5. Sustainable Business. Wellbeing from the Culture, Piia Kleimola. Entrepreneur, ambassador of the cultural activities in Kouvola. Sports hall at the school.
9.45-10.30	Workshop 6. Finishing the ideas on sustainable business, and results of the Erasmus+ week. International teams. Homeroom.
10.30-11	Lunch at school
11.15	Bus to Verla Paper Mill Museum (Unesco World Heritage Site)
12-14	Tour in the Museum. Sustainability in the Paper Factory. Sports adventure (Sports tutor students). Warm clothes, good shoes – prepare for outdoor activities!
ca. 15-15.30	Back to school
	Evening at the host families

Thursday 25st April

	Breakfast at the host families
8.30-9.30	Presentations of the international teams. Ideas on sustainability. Homeroom.
9.45-11	Attending the classes (MPÖ/PFR).
11.00-11.30	Lunch at school
11.30-12	Walk to "Taideruukki" (Arts&Crafts Center)
12.00-12.55	Study visit at "Taideruukki" Arts&Crafts Center. - Meeting small business entrepreneurs, art exhibition, shopping possibility at Art&Crafts shops. - Vesa Parvinen (Pato Klubi), Anniki Jensen-Munk (Little Bit Design)
12.55-13.20	Walk back to school.
13.20-14.30	Attending the classes (MPÖ/PFR).
14.30-16.30	Break
16.30	Bus to Puhjonranta from the school.
17.00-20.30	Farewell event at Puhjonranta at 17-17.45. Dinner at 17.45-18.15. Sauna, swimming at 18.15 to 20.15 (separate sauna's for women/men). Bus leave back to school at 20.30. At school about 21.00.
21.00	Last evening at the host families.

Friday 26st April

	Breakfast at the host families
08.15	Bus leave to Helsinki.
	Sightseeing tour in Helsinki (HKE) and Oodi library (Helsinki guides) Lunch 11.30-12.30 (Students/schools will pay the lunch) Free time to explore the city (Lithuania, Slovakia, Finland) until 13.30.
	<ul style="list-style-type: none"> • Sweden: flight departure at 14.40 → local transport to the airport from the main railway st. at 12. • Lithuania: flight departure at 15.55 → Bus to airport at 13.30 (Finnish group leave to Kouvola). • Slovakia: flight departure at 21.00 → local transport to the airport from the main railway st. at ab. 18.30