

Erasmus+ Slovakia
2025
Kouvola Senior High
School at Kuusankoski



Meet the students from Kouvola, Finland, 2025 (1/2)



Yaren Basbug



Dolores Vihtonen



Eva Phinittha



Mona Tartor



Lenni (left), Xander (right)

Meet the students from Kouvola, Finland, 2025 (2/2)



Luukas Kauppinen




Milo Saariaho



Maria Lindström



Saga Lindeman



Kouvolan Yhteislyseo / Kouvola Senior High School

- **About us:**
 - Since August 2025 three schools united forming a new Kouvola Senior High School with 1350 students.
 - We are from Kuusankoski Senior high School unit.
 - Offers daytime and evening studies with flexible learning paths.
 - **UNESCO** and **Green Flag** school.
 - Emphasis on **sports, entrepreneurship, and international cooperation.**
 - Focus on academic excellence, wellbeing, and sustainability.
-

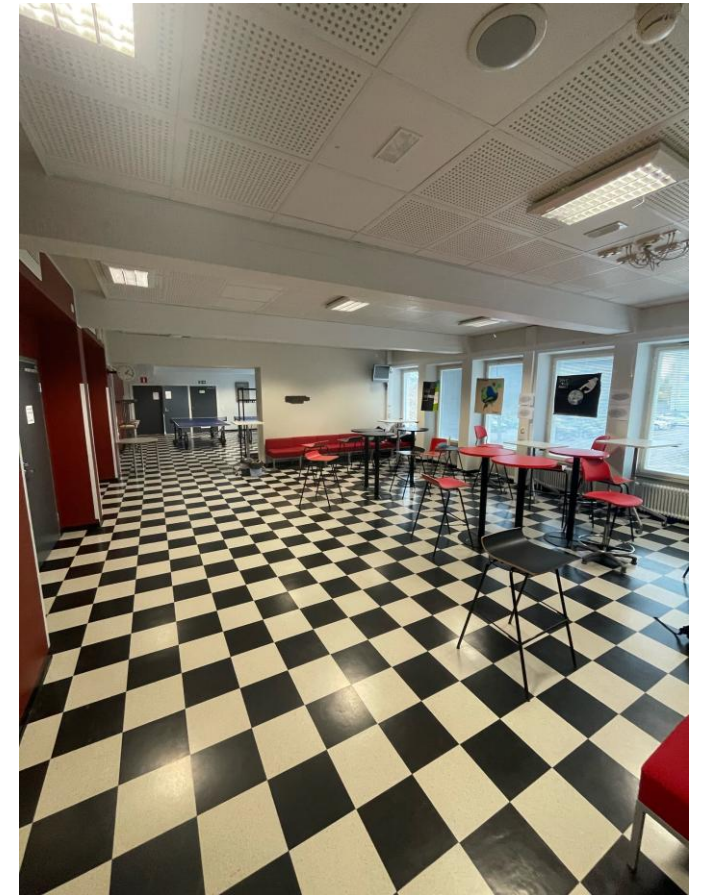
Kuusankoski Senior High School



Staircase from third floor to the fourth



Aisle in the middle of the two staircases at Kuusankoski



School building



Our school seen from the teachers parking lot



Our building from the Northwest.
AKA the front side



Our school seen from the student parking lot

SCHOOL ACTIVITIES



- Christmas party is celebrated in the school big sport hall with music, dancing, gingerbread cookies and lots of decorations.



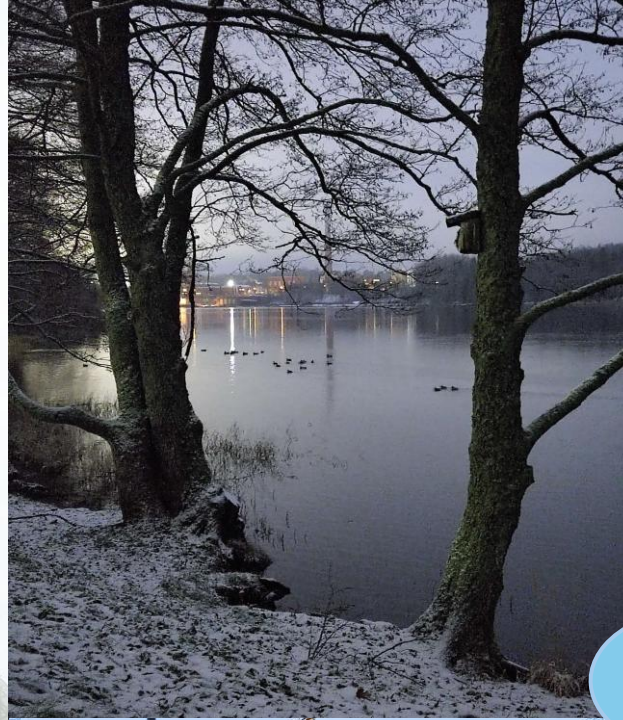
- High school senior students have a prom-like event. Families and teachers can watch. Girls wear dresses and boys wear suits. This dancing happens in February.



- Penkkarit. That means the last day in school party for seniors. Students dress up in costumes and say goodbye to school. They drive around the city and throw candy.

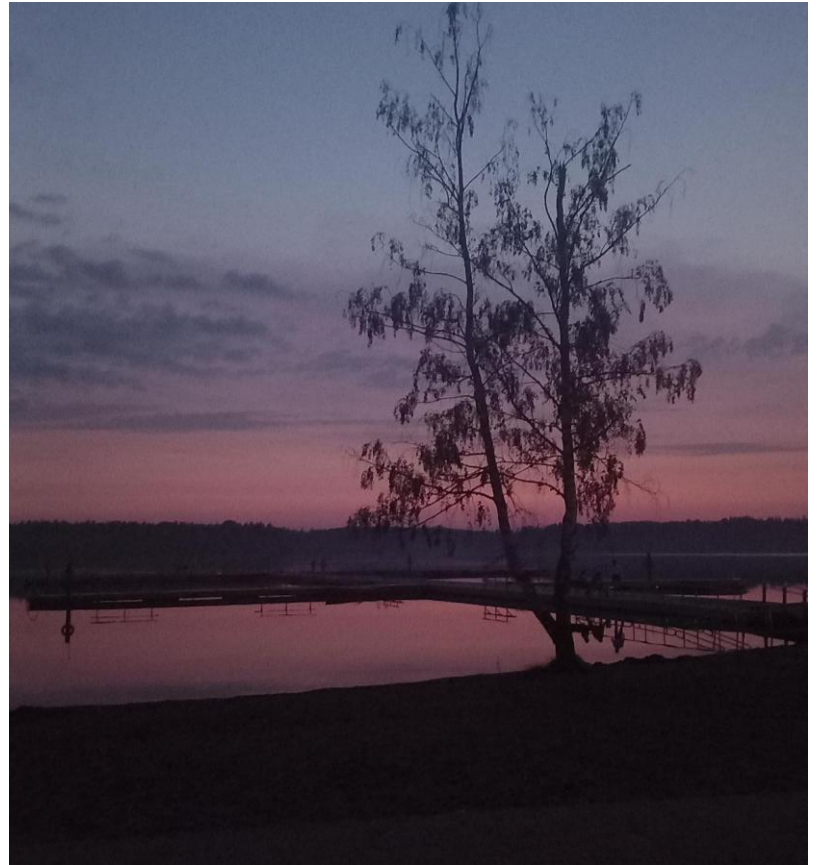
Kuusankoski

- ❖ Kuusankoski is located along the Kymi river and is known for its wood and paper industry. The name Kuusankoski comes from rapids that were an important source of power for the region's industry.
- ❖ Kuusankoski has its national park Repovesi where you can find activities like hiking and canoeing. There are large areas of untouched forests, sheltered waters and majestic cliffs.



- ❖ The UPM Kymi mill complex, located in the Kuusankoski district of Kouvola, produces paper, pulp, and bioenergy. It was established in 1872 by Axel Wilhelm Wahren.





Kouvola

Characteristics of a Finn



Finnish people are rather reserved, but don't mistake it for being rude or disinterested. Smalltalk isn't very common and usually it's very short. Aside from that Finnish people are friendly after you get past that initial layer of ice.

Honesty has always been a significant part of the Finnish culture even to a point where it may seem very blunt. **Sisu**, roughly translated to perseverance, is the Finnish term for intense willpower and the ability, as well as courage to push through hard times, and never give up.

Personal space is highly valued, in public spaces Finns will avoid invading the space of others. Public spaces are relatively quiet, people don't talk much in places such as the elevator or the bus, and if they do then it's done quietly.

Finnish culture

- Finnish culture is known for its closeness to nature, honesty and community spirit.
- Important traditions are sauna, mid-summer and independence day celebrations.
- Finland is also known for its equality in society and happiness.
- Traditional Finnish food is ruisleipä (ryebread), lohikeitto (salmon soup) and Karjalanpaisti (meat and vegetables).

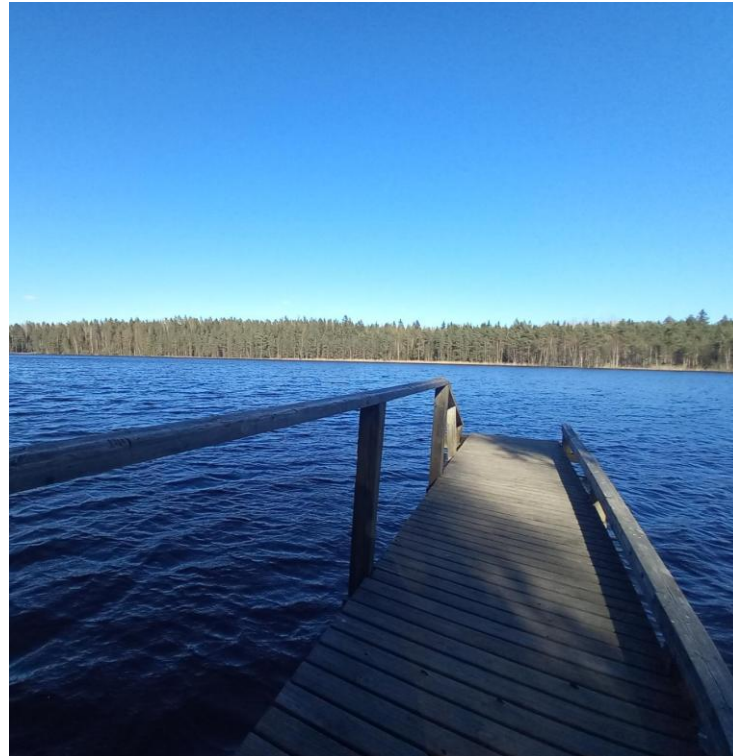


Finnish sports

- Most popular sports in Finland is ice hockey. Finnish national team is Leijonat (The Lions), which have won several World Champions.
- Our local ice-hockey team is Kookoo, which plays in Liiga. It is the top professional ice hockey league in Finland.
- The national sport of Finland is baseball. Our local team is KPL.
 - Finnish baseball is different than American baseball by it's pitching style, field layout, running the bases and many more ways.



Suburb area Lehtomäki in Kouvola



Jaala in Kouvola



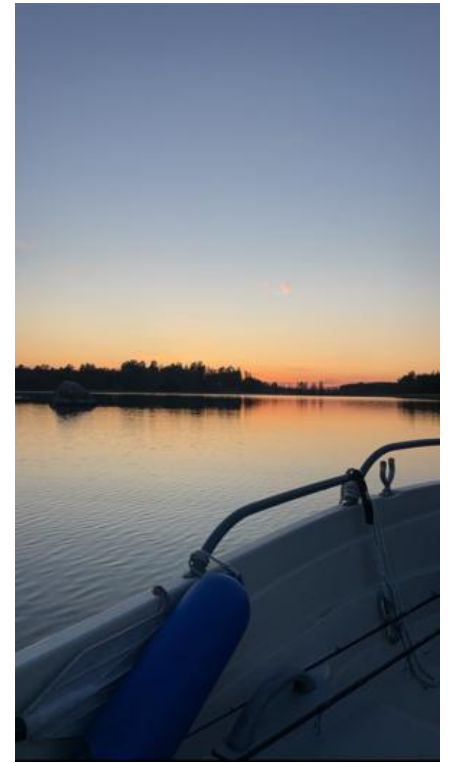
Bird watching tower,
Jaala



Aurantola, Jaala



Jaala Primary school



Karijärvi, Jaala

Thank you!