

Nimi:

# Kierrättäminen

Väitteet	Samaa mieltä	Eri mieltä
Kierrättäminen on tärkeää.	<input type="checkbox"/>	<input type="checkbox"/>
Kaikkia roskia ei tarvitse laittaa roskikseen.	<input type="checkbox"/>	<input type="checkbox"/>
Voin laittaa myös toisen jättämän roskan roskikseen.	<input type="checkbox"/>	<input type="checkbox"/>
Roskat voivat olla vaarallisia eläimille.	<input type="checkbox"/>	<input type="checkbox"/>
Roskat eivät haittaa luontoa.	<input type="checkbox"/>	<input type="checkbox"/>
Eläimet saattavat vahingossa syödä roskia.	<input type="checkbox"/>	<input type="checkbox"/>
Roskat eivät kuulu luontoon.	<input type="checkbox"/>	<input type="checkbox"/>
Minun pitää aina siivota omat roskani.	<input type="checkbox"/>	<input type="checkbox"/>

9- Vitamins and minerals are primarily found in processed and junk foods.	<b>T</b>	<b>F</b>
10- Drinking enough water is important to stay focused and concentrated.	<b>T</b>	<b>F</b>
11- Proteins are found exclusively in animal-based foods.	<b>T</b>	<b>F</b>
12- Healthy fats, such as avocado, can help maintain a healthy heart.	<b>T</b>	<b>F</b>
13- Processed foods high in sugars do not contain important nutrients for our body.	<b>T</b>	<b>F</b>
14- Drinking sugary sodas is a healthy way to stay hydrated.	<b>T</b>	<b>F</b>
15- Nuts and seeds are sources of healthy fats.	<b>T</b>	<b>F</b>
16- Vitamins and minerals are necessary in large quantities for our body.	<b>T</b>	<b>F</b>
17- Fruits and vegetables are important sources of vitamins and minerals.	<b>T</b>	<b>F</b>
18- Dairy products, such as milk and yogurt, are a good source of calcium.	<b>T</b>	<b>F</b>
19- Vitamins and minerals are also called micronutrients.	<b>T</b>	<b>F</b>
20- Foods rich in fiber help maintain a healthy digestive system.	<b>T</b>	<b>F</b>