**EMOTION AND US REPORT**

1. Introduction

This report will comment on the week spent in INS Montmeló in the project “Horizon to the future”. Our workshops were about emotions and our week was called “Emotion and us”

Our appreciation is that it was a valuable experience for everybody and the assessments we have done show the same idea.

Even though some suggestions could be made for next meetings.

Our aims for the whole project were:

* Increase participation between families and students in international projects
* Show the importance of English language as a communication tool
* Show the benefits of going abroad for students and also for teachers

Our aims for the week “Emotion and us”

* Give students basic information about intrapersonal dimension
* Get a favourable outcome in the workshops
* Engage families and students into the project
1. Travel and accommodation

Host families were interested in the project and they looked after the students.

Italian group spent the whole week in a hotel and it didn’t give for the rest of the Erasmus group any trouble.

Travel was also correct. Even though each group arrived at different timetable it was easy, for us, to manage the arrivals at Montmeló station.

1. Workshops

Workshops were appreciated in general.

We had some room problems, because the main room (the library) wasn’t big enough but all of the students were understanding and seminars and workshops developed easily.

We had to exchange a music seminar for a workshop because of a teacher illness. We made a new workshop that it wasn’t in the timetable but it worked out well. It was helpful for students to move and work in small groups.

We can see the statistics to know exactly the average about workshops.

1. Social life

Host families prepared a lot of activities for their guests. They met after school and they improved their English skills together. They also shared everything that happened during the week.

5. Visits

Visiting Rina Otta atelier was a good idea. Students could make the link between emotion and art thanks to Rina who helped them to describe with images and colours their emotions. She also asked them to transform a common object in something artistic trying to look the object in a different way.

Sagrada Família visit was also appreciated as well as free time in Barcelona.

1. Assessment
* Students (see statistics and graphics)
* Teachers (see statistics and graphics)
* Families (only 8 families answered the assesment).

Some of them said that they would like more information about the week’s timetable.

Some families didn’t understand that they were just host families and their children didn’t participate in workshops and visits.

1. Conclusions

In general “Emotion and us” was a remarkable experience for all of us: students, families and teachers.

We know that we should improve communication with families and explain more exactly what their role in the Erasmus project is.

It was also interesting for us to work as a team. We aren’t used to. It was our first time in a project like this and we found some difficulties to communicate and share different tasks.

We also learnt how valuable are these kind of projects for families and students and we understood that they take an important place in students personal profiles.

We are now sure that students won’t forget their week in Montmeló and may be their professionals careers could be influenced by something that happened in Montmeló.

We got valuables comments about workshops and all the activities in general. Host families and students were happy to be in the project and we also gave students some basics tools to manage with their emotions.

So, we feel that we have fulfilled our aims.