	Fin	Ger	Gre	Ire	Ita	Pol
General career information	C (1+)	O (9+)	С	0	0	0
Job-shadowing	C (2)	O (7-10)		С		0
Work experience	С	C (9)		С	C (3+)	C (2-3)
Academic experience		C (11)				
Visits to companies	С	O (5+)	С	С		С
Visits to universities	C (3)	O (9+)			0	
School subjects	0	O (9+)	C (3)	С		0
Individual councelling	0	O (10+)	0	C+O	0	С
(Visits to) career fair		O (10+)		0		С
Field trips	С					
Former students	C+O			0		
Coop w/ employment agency		✓			✓	✓
Application papers/interview training				С	0	С
competitions				0		0
Other career-related activities			√	0	√	

C – compulsory

O – optional

Numbers in parentheses refer to years in which students learn, + – from that year onwards

Avg. age	13	14	15	16	17	18	19
School year							
Finland							
Germany	7	8	9	10	11	12	
Greece							
Ireland							
Italy							
Poland							