



Veggie Fresh salad



***20 min of preparation
very easy to prepare***



ingredients(for 4 persons):

- 2 tomatoes
- 2 carrots
- 1 yellow pepper
- 1 red pepper
- 1 onion
- 1 Granny apple
- 2 tablespoons of white cheese at 0%
- 2 tablespoons of walnut vinegar



(or any vinegar, according to taste)

- pepper
- salt
- basil
- shallot



Preparation:

Step 1:

Mince each vegetable in the food processor
or, for those who do not have one, slice them by hand.

Step 2:

Grate the carrots or cut them in very small dice (they can
also be blanched for 10 minutes in boiling water).

Step 3:

Prepare the sauce: mix the white cheese, vinegar, condiments
and spices. Mix with vegetables in a salad bowl.

Step 4:

Put everything in the fridge and serve very cold.

