



Navigating Mis- and
Disinformation at an Older Age

LEARNING KIT

QUIZ: DO YOU RECOGNIZE DISINFORMATION



Vanhustyön keskusliitto
CENTRALFÖRBUNDET FÖR DE GAMLAS VÄL RY





Recommendations for organizing a quiz:

Before starting the quiz, be sure to warn everyone - there are **no bad answers**. If someone sees that the answer is wrong, this only shows that they are **more vulnerable to disinformation**.

If you plan to conduct the quiz using digital technologies:

- We suggest using the SLIDO.com program.
- Introduce everyone to how the program works.
- Do not apply a time limit to answering each question.
- After each answer, you can allocate time for a short discussion - comments are provided in the material.
- Do not create competition among listeners - do not show the winners table.

The document also includes **discussion questions**. After the quiz, the groups could discuss a few of these questions of their choice.

Quiz: Do you recognize disinformation?

1. What is disinformation?

- A) Information that may be inaccurate due to error
- B) Intentionally misleading information disseminated with the intention of influencing opinion or behaviour
- C) Information based on people's opinions
- D) Rumors that spread through social networks

✓ **Correct answer: B**

2. What is the difference between disinformation and unintentional error (misinformation)?

- A) Disinformation is spread deliberately, and misinformation is not
- B) Misinformation is only about politics
- C) Disinformation is spread only online
- D) There is no difference

✓ **Correct answer: A**

3. Which of the following signs may indicate that an article is unreliable?

- A) Several sources and references to official documents are provided
- B) The headline is very emotional: "The shocking truth that the government is hiding!"
- C) The author is indicated by name and profession
- D) The text clearly distinguishes factual information from opinion

✓ **Correct answer: B**

4. Which of these phrases is often a sign of misinformation?

- A) "According to a study published in a scientific journal..."
- B) "The truth is hidden by the media, but we expose it!"
- C) "According to the Ministry of Health..."
- D) "Experts explain the causes..."

✓ **Correct answer: A**

5. You read a news item on the Internet that scares you a lot. What to do first?

- A) Share it with your friends so that they know too
- B) Check if other reliable news portals write about it
- C) Believe it, because they wouldn't write falsehoods on the Internet
- D) Close your eyes and ignore it

Correct answer: B

6. You received a Facebook message with a photo showing a well-known politician doing something inappropriate. What should be done?

- A) Check if that photo has not been altered (Google Reverse Image Search)
- B) Share because it's interesting
- C) Believe, because the photo proves everything
- D) Comment "shame"

Correct answer: A

7. What does the phrase "Scientists warn, but the authorities are silent!" indicate?

- A) A possible attempt to manipulate emotions
- B) An official announcement from the ministry
- C) A reliable source of news
- D) Accurate scientific information

Correct answer: A

8. Which phrase is most similar to disinformation?

- A) "According to the data of the Ministry of Health..."
- B) "The truth that the government is hiding – share it before it is deleted!"
- C) "Scientists explain that..."
- D) "Specialists suggest getting vaccinated against influenza."

Correct answer: B

9. Why does disinformation often spread quickly?

- A) Because it evokes strong emotions and people share it
- B) Because it is created by journalists
- C) Because everything on the Internet is a lie
- D) Because people check everything thoroughly

Correct answer: A

10. You hear from a friend: "I read that the phone is listening to our conversations."

What will you do?

- A) Turn off your phone immediately
- B) Check if such information is verified on trusted portals (e.g., "Lie Detector")
- C) You will trust your friend – after all, he is not a liar
- D) You will share it on Facebook

✔ **Correct answer: B**

11. Why is it important not to give in to emotions when we see shocking news?

- A) Because emotions can interfere with a sober assessment of information
- B) Because it is better not to watch the news at all
- C) Because only anger is better remembered
- D) Because all news is a lie

✔ **Correct answer: A**

12. What is the best way to protect yourself from misinformation?

- A) Believing what acquaintances write
- B) Checking sources when reading the news, and not giving in to emotions
- C) Never reading the news
- D) Sharing everything that seems interesting

✔ **Correct answer: B**

Discussion questions about disinformation

1. Personal experience

- Have you come across a news or message on the Internet that later turned out to be untrue? How did you understand this and how did you feel?
- Do you remember a case when you believed in something and later doubted it? What prompted you to doubt?

2. Emotions and judgments

- Why do you think intimidating or outrageous messages are the most popular?
- How do emotions (fear, anger, compassion) affect our decision to believe or share information?

3. Trust in sources

- Which news sources do you trust the most and why?
- Do you trust the information sent by people close to you? Do you always check it?

4. Social networks and messages

- Why do you think false information spreads so often through Facebook, Messenger or WhatsApp?
- Do you feel pressured to "warn others" even if the information is not verified?

5. Responsibility and sharing

- Do you think that every person has a responsibility to check information before sharing it?
- What would you do if someone close to you constantly shared unverified or false information?

6. Learning and support

- What do you think seniors lack the most to make it easier to recognize false information?
- How could younger family members or the community help in this area?

7. Conclusion

- What do you think is the most important thing to remember when faced with "shocking" news on the Internet?
- What one rule would you advise a friend to avoid falling into the trap of disinformation?