

## **Ingredients**

- 2 cups water (boiling)
- 1 cup white rice
- 1 tablespoon olive oil
- 1 onion (chopped)
- 3 cloves garlic (minced)
- 1 red bell pepper (sliced)
- 1 green bell pepper (sliced)
- 1 tomato (diced)
- 2 cups vegetable broth
- 1 teaspoon salt
- 1 tablespoon paprika
- 1 teaspoon turmeric
- 1 cup peas
- 1 cup artichoke hearts (drained and quartered)

## **Instructions**

- 1. Gather the ingredients.
- 2. In a medium-sized saucepan, bring the 2 cups of water to a rolling boil and add the rice
- 3. Give it a quick stir, then cover and turn off the heat. Allow the rice to stand for 20 minutes.
- 4. Then carefully drain the excess water, as it will still be hot.
- 5. While the rice is soaking in the hot water, heat the olive oil in the largest frying pan you have (or a paella pan, if you have one) over medium heat and sauté the onion and garlic until the onion is transparent, about 4 or 5 minutes.
- 6. Add the red and green bell peppers and the tomato and continue to cook, stirring occasionally, over medium heat for another 3 minutes.
- 7. Next, add the soaked rice and the vegetable broth. Bring to a boil, then reduce the heat to a simmer.
- 8. Add the salt, paprika, and turmeric. Cover and allow to simmer until the rice is tender about 20 minutes.
- 9. Add the peas and artichoke hearts and cook about 1 minute longer.
- 10. Serve and enjoy!