IB Psychology Markus Lajunen

CURRICULUM FOR PROMOTING PROSOCIAL BEHAVIOUR AND AVOIDING BYSTANDERISM

Read pages 416–418 and teacher's additional materials. Use external sources if needed. As a group, *create a curriculum for promoting prosocial behaviour and avoiding bystanderism* based on psychological knowledge.

Pay attention to the following approaches and studies:

- Good Samaritan law
- Nguyen and Parker (2018) Effectiveness of Good Samaritan law
- Mindfulness-based kindness curriculum (KC)
- Flook et al. (2015) Mindfulness based kindness curriculum
- Compassion training
- Hutcherson, Seppala and Gross (2008) Loving kindness meditation
- Leiberg, Klimecki and Singer (2011) Compassion training
- Prosocial modelling (Bandura)

You don't need to include everything in your curriculum. The approaches and studies above should function as a springboard for your ideas. You may use your experiences and creativity related to everyday life, other sciences and ethics as well.

Aim for a practical curriculum that can actually be implemented somewhere, but don't forget the empirical evidence provided by psychology. If possible, try to make connection to the IB Learner Profile. You may think of CAS and TOK connections as well.

Produce a material that you can upload to OneNote and present to others. The material can be a poster, small booklet or SWAY etc. Be creative!