



Navigating Mis- and
Disinformation at an Older Age

LEARNING KIT

TWO BINGOS: MEDIA BIAS AND DIGITAL SAFETY



Can be used
with or without
digital devices



Vanhustyön keskusliitto
CENTRALFÖRBUNDET FÖR DE GAMLAS VÄL RY



HOW TO USE THIS MATERIAL

These bingos can be played alone or in a group, with or without digital devices. The goal is to learn, reflect, and discuss important digital and media skills in everyday life.

Play individually or in pairs with devices (Bingo no.1)

The task is to find online news or content that matches the statements on the bingo card.

1. Open the bingo card on your device or print it out.
2. Read one square at a time.
3. Search online for an example that matches the description.
 - a. You can use news sites, social media, advertisements, or websites.
4. When you find an example, mark that square.
5. When you complete three in a row (across, down, or diagonally), say “Bingo!”

Play in a group without devices (Bingos no.1 or 2)

The task is to discuss the statements based on your own experiences.

1. Each person looks through the bingo card.
2. Someone starts by choosing a square that feels familiar or important.
3. They share an example from their own experience, and ask others for more ideas.
4. Mark the square when everyone agrees it has been discussed.
5. Continue until you get three in a row or until time is up.



BINGO: **CAN YOU RECOGNIZE MISLEADING CONTENT?**

<p>Misleading address</p> <p>A website imitates a trusted one (e.g. www.rnicrosoft.com).</p>	<p>Clickbait headline</p> <p>The title tempts to click but doesn't match the content.</p>	<p>Sensational language</p> <p>Aims to evoke strong emotions.</p>
<p>Too good to be true</p> <p>Unrealistic offers or promises.</p>	<p>Lack of sources</p> <p>News without credible sources or with anonymous experts.</p>	<p>Outdated information</p> <p>Old news shared as if they were current.</p>
<p>Cherry-picking</p> <p>Facts that support only a particular viewpoint.</p>	<p>Paid opinions</p> <p>Fake reviews or sponsored praise.</p>	<p>Manipulated images</p> <p>Photos or videos that have been altered or taken out of context.</p>



BINGO: EVERYDAY DIGITAL SAFETY AND CONFIDENCE

I know how to create strong passwords and how to manage them.	I know how to check privacy settings in apps and social media.	I know how to recognize fake phone calls pretending to be from trusted organizations.
I know how to safely download apps from trusted sources.	I know what to do if my device is lost or stolen or if I have been scammed.	I know how to protect my personal information online.
I know why it is important to keep my device and apps updated.	I know how to recognize scam messages or suspicious links.	I know how to check if a website or email sender is trustworthy.