

Lue ilmoitukset.

HONEYROPE SCHOOL, HONG KONG – STUDENTS' WEB PAGE

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Special this week:

Pop-up café in the gym. Every day, during the lunch breaks.

MENU

- tuna salad with mayo
- salmon and egg salad
- toast with jam
- mango and chocolate smoothie
- a cup of tea with honey
- a large mug of coffee

Tip for relaxation

First, find a comfortable and quiet place. Sit down. Close your eyes. Don't put on any music. Breathe in deeply and breathe out gently. Think about a place you like. Or someone you love. Do this five times. Stand up, but do it slowly. Last, count to three and open your eyes. Now, you should feel relaxed and peaceful. If not, do it again. More tips for chilling out at our pop-up café, between 12 o'clock and 1.15 p.m. Ask *Ms Slow* for more information.

Join the homework club

Is homework sometimes too difficult for you?

Don't worry. Our teachers help you with your homework.

- **maths** – every day at 3.30, with Ms Take
- **history** – Mondays and Wednesdays at 3.00, with Mr Viking
- **geography and biology** – Tuesdays at 2.45, with Mrs Map
- **environmental education** – Thursdays at 3.00, with Ms Green
- **physics and chemistry** – Fridays at 3.30, with Mr Bubble
- **All other subjects:** Wednesdays at 3.30

Crafts Club

Do you like doing things with your hands? You're not afraid to use a hammer or a saw? But you don't have a place where you can make or build things? Then Crafts Club is just for you! You don't have to bring your own tools. We have everything you need to get started: screwdrivers, knives, even screws, nails, glue, rope and tape. Why not join us! We meet every Monday at 3.30, room 102.

This week's silly poem

–by *Jane Bucket* (class 5A)

Crawl like a rock and jump like a fish.
Reach for a croc and make a wish!