

Parents' evening

Autumn 2026, Valo

Staff of valo



Laura



Saana



Meri



Taina

School days

- Starting at 8.30 or 9.15
- The front doors are locked, be on time!
- Morning circle at the start of the day in valo class
- Approx. 5 lesson a day
- Three breaks
- Ending at 13.30, 14.30 or 15.15
- Afternoon club (fee-based) for 1st and 2nd graders, open until 16.30

Holidays

- Autumn holiday: 12–16 October 2026 (week 42)
- Last school day of the autumn term: 19 December 2026
- Christmas holiday: 21 December 2026 – 6 January 2027
- First school day of the spring term: 7 January 2027
- Winter holiday: 1–5 March 2027 (week 9)
- Easter holiday: 26–29 March 2027
- Ascension Day: 6 May 2027
- Last school day of the spring term: 5 June 2027

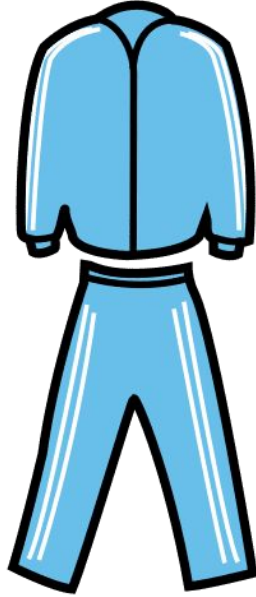
What does the child need for school?

- backpack
 - library card
 - school books according to the schedule
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- water bottle
 - indoor shoes
 - pencil case
 - extra clothes eg. socks
 - xylitol pastilles



Remember to label all the belongings!

Physical Education, outdoors and indoors



Physical Education include also...

Bike riding

- Own bike and helmet recommended



Swimming

- swimsuit and towel is required



Nordic skiing and ice-skating

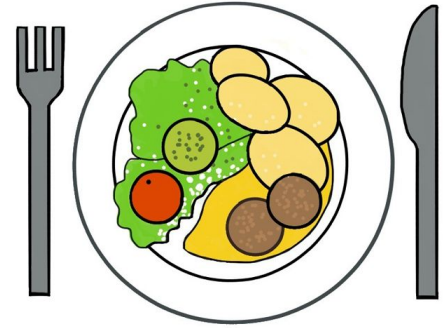
- equipments can be borrowed, but not always so comfortable



Lunch at 10.30 - 12.15

Menus: Kylän Kattaus

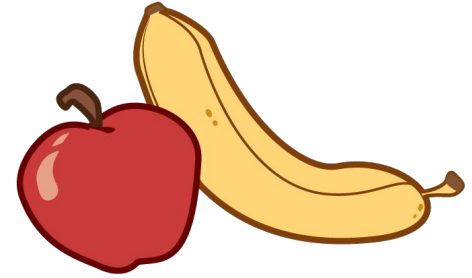
- Free of charge
- The student serves their own food.
- Encouraged to taste all dishes.
- It's important to take enough, but not too much.
- A knife and fork are used.
- Special diet
 - for medical reasons: 1) certificate from doctor/nurse 2) notification form
 - other diets e.g. diet based on beliefs 1) notification form



Example of a student's lunch



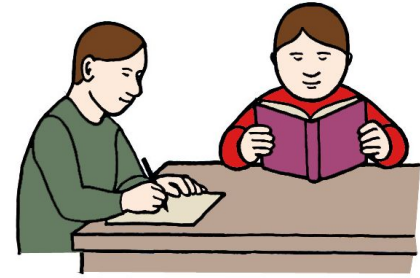
Snack Break 13.30



- The snack is free for those attending the afternoon club.
- Others may bring a snack from home or buy one from the cafeteria.

No treats like fizzy drinks, candies, sweet biscuits, crisps!

Homework



- Mainly from maths
- The more they are integrated into mainstream class, the more there will be homework.
- Study new words weekly
- VILLE <https://ville.utu.fi/>
- If the homework is too difficult for your child inform the teacher

Reading at home: visit the library and read together.

Heritage language / mother tongue language learning: Lessons

Arjen mittari: 5 ja 10 kerran sääntö (yhden jakson aikana)



Tilanne ja seuraus: Koulun reilut pelisäännöt

Tilanne	Seuraus
 Puhelimet ja laitteet	Luvaton käyttö = Laite parkkiin loppupäiväksi. (5 kertaa jaksossa = jälki-istunto).
 Koulun alueelta poistuminen	1. kerta jaksossa = Kasvatuskeskustelu. Toistuva = Jälki-istunto.
 Vilppi ja lunttaaminen	Hylätty koe/tehtävä + Kasvatuskeskustelu. Toistuva = Jälki-istunto.
 Sotkeminen ja vahingoittaminen	Siivousvelvoite (puhdistat itse). Tahallinen teko = Lisäksi kasvatuskeskustelu tai jälki-istunto.
 Luvattomat poissaolot	5 päivää jaksossa = Kasvatuskeskustelu. 10 päivää = Jälki-istunto.

Turvallisuus ensin: Näihin puutumme välittömästi

Välitön puuttuminen

Kiusaaminen ja väkivalta



Esimerkiksi: Lyöminen, töniminen, nimittely.

Seuraus: Kasvatuskeskustelu tai jälki-istunto.
Vakavista/toistuvista teoista kirjallinen varoitus.

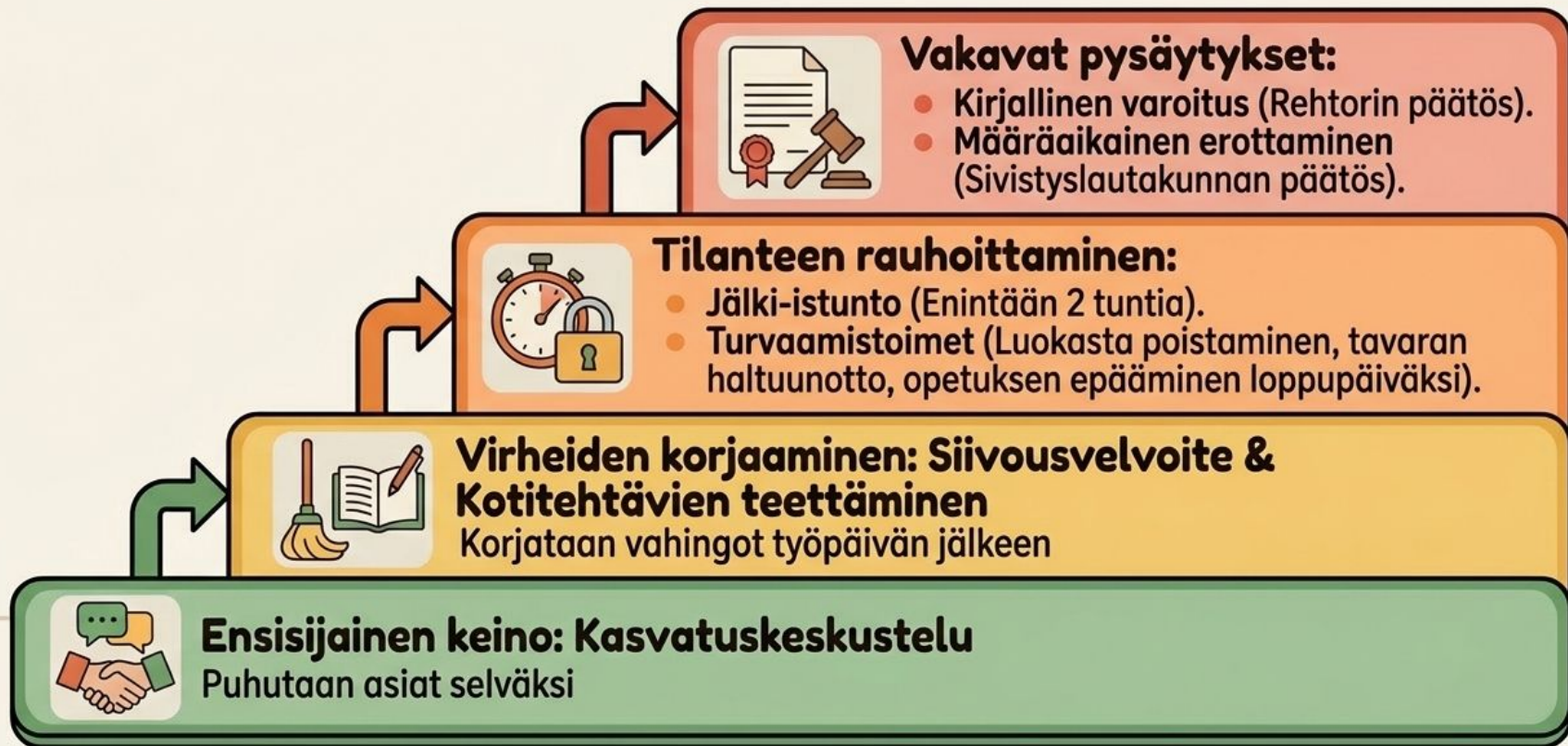
Päihteet ja vaaralliset esineet



Esimerkiksi: Hallussapito tai käyttö kouluaikana.

Seuraus: Kasvatuskeskustelu, jälki-istunto tai varoitus. Vakavissa tapauksissa määräaikainen erottaminen tai poliisi.

Koulun työkalupakki: Miten asioita selvitetään?



How to contact the teacher?

In urgent matters that concerns the same day, call the teacher!

Saana tel. + 358 50 467 1718

Laura tel. + 358 50 477 8242



Otherwise use Wilma (mob. app and full version, Internet browser)

Expectations for Parents

Chat with your child about their day at school.

Stay informed

- Read school messages and respond when needed.
- Connect with the teacher early and often—no need to wait for a big issue.

Support routines

- Enough sleep
- Healthy food, breakfast is important
- Screen time limits
- Physical activity, outdoors, encourage to walk or bike to school
- Appropriate clothing for the weather



When VALO ends

- Your child will automatically go to the mainstream class
 - In the mainstream class children study ethics or religious education and the family needs to tell the teacher the religious group of the student.
 - Before the child moves to mainstream education we will evaluate if he/she will continue studies with his/her age group or will she/he benefit more if placed with one year younger students.
- If you want you can apply to the English classes in the spring
 - Finnish and English test
 - teaching 40% Finnish and 60% English

English speaking classes

- Jyväskylä also has music and sport classes
 - music classes
 - sport classes

Sharing your thoughts...

What has your child shared with you about school?

How does your child feel about Finnish school system?

How are you, as parents, feeling?

Do you have any concerns or questions?



School system in Finland

[School system in Finland](#)