

Preliminary program May 14-17. 2016

Saturday May 14. Arrival, "check in", dinner and leader meeting

Sunday May 15. Daytime:

- Sports competitions and tournaments
- Brass bands/choirs- rehearsals (Suitable pieces to be picked)

Evening:

- Open sports hall for all participants
- Physical activity, cultural performances and disco
- Dinner

Monday May 16. Daytime:

• Activities and sightseeing

Evening: Sarpsborg stadium

• Sports competitions and cultural performances













Preliminary program continues:

- Sarpsborg 08 home game? To be confirmed.
 (Sarpsborg 08 is our football team and plays in the Norwegian premier league)
- "Shoot out" competition amongst the Mayors and General Directors in the interval? To be confirmed.

Music played by visiting brass band and choirs at the entrances before the game and in the interval? To be confirmed.

Tuesday May 17: Norway's National day

- Children's parade (main event this day)
- Brass bands and choirs participates throughout the parade
- All participants are welcome to join in the parade
- Traditional lunch and games after the parade
- Departure (around 2pm)

Practicalities.

Sports:

We suggest that the main focus will be on;

- Football (teams of 7)
- Floor ball
- Swimming.

Age group: 13-16.

Optionally; Orienteering, golf or karate.

For the team sports it's desirable with teams divided in age groups 13-14 and 15-16. If there are too many teams interested, the age group 13-14 should be a priority.

If any of our twin cities have additional suggestions, please let us know.

Brass bands and choirs:

It would be wonderful to have a wide range of bras band and choirs to enrich this event. Bras band will be invited to play in our children parade May 17th.

If there are too many brass bands and choirs interested, the age group 13-16 should be a priority.

Responsibilities and finances.

• The municipality of Sarpsborg:

Accommodation (local schools) food, sightseeing for all participants, plus minibus transport for leaders if necessary.

• Sarpsborg Sports council and Sarpsborg Music council:

Planning and implementation of competitions, games, practices, shows and hospitality

• Twin cities:

Travel costs and transportation to/from Sarpsborg. Accommodations costs for leaders in hotel/youth hostel.

Coaches available throughout the stay.

Enrollment and end date for enrollment:

Please get back to us **no later than January 15-2016** with your enrollments of your participants to this event.

Enrollments can be sent to Birgitte Dahlstrøm, which will coordinate this event. Email:birgitte.dahlstroem@sarpsborg.com. She will also answer questions you may have.

We take this opportunity to wish all a merry Christmas and a happy new year.

Kind regards
Sarpsborg Sports council
Sarpsborg Music council and
The municipality of Sarpsborg