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**Global Alternatives for Young Actors project meeting in Latvia,
Valmiera State Gymnasium, October 2 – 8, 2022**

Date	Activities
Sunday, 2.10.	- Arrivals in Rīga and Valmiera
Monday, 3.10.	<p>Introduction to Valmiera and Valmiera State Gymnasium Breakfast in the hotel. 9.00 – 10.00 arrival of teachers and students at Valmiera State Gymnasium (VSG) www.vvg.lv</p> <ul style="list-style-type: none"> ❖ headmaster’s welcome speech ❖ ice-breaking activities <p>10.00 – 11.00 a short tour around the Valmiera State Gymnasium (in small groups) – VSG students are the guides 11.00 – 13.00 Creative workshop (porcelain painting) 13.00 lunch at school 14.00 visit to Valmiera Town Hall, meeting the Mayor of Valmiera https://www.valmierasnovads.lv/ 15.00 interactive workshop – Valmiera in the Sustainable Cities Commission (work in international groups) –facilitated by VSG students</p> <p>Dinner – self-catered free choice</p>
Tuesday, 4.10.	<p>Work on sustainability Breakfast in the hotel. 9.00 – 10.00 ZOOM with France and French Polynesia. Presentation (8th., 9th . SDG) 10.00- 13.00 Workshop on sustainable development – Inga Belousa (expert on sustainable development) 10.00 – 13.00 Project team meeting (teachers) 13.00 lunch at school 14.00 workshop in the Nature and technology park URDA. Students work in international groups – sustainability and economy https://www.urda.lv/en</p>

	Dinner – self-catered free choice Dinner – self-catered free choice (teachers' dinner in Valmiermuiža???)
Wednesday, 5.10.	<p>Getting to know the cultural and historical attractions at Sigulda and Cēsis</p> <p>Breakfast in the hotel.</p> <p>9.00 departure to Sigulda https://tourism.sigulda.lv/en/ – the Gauja Valley, Ferris wheel, Turaida Castle ... <i>Industry in Sigulda (visiting local companies)</i></p> <p>12.00 <i>lunch at the café</i></p> <p>13.00 departure to Cēsis (Cēsis Castle, free time)</p> <p>Dinner – self-catered free choice</p>
Thursday 6.10.	<p>Sustainable industry</p> <p>Breakfast in the hotel.</p> <p>9.00 -10.30 European Youth Parliament, election, presenting group work</p> <p>11.00 Workshop on sustainable glocal (<i>global and local</i>) industry. Industry in Valmiera (local brewery <i>Valmiermuiza</i>, etc.)</p> <p>18.00 Intercultural evening (traditional food (brought from partner countries), Latvian traditional dancing games)</p> <p>Dinner at school</p>
Friday, 7.10.	<p>Riga – the capital city of Latvia</p> <p>Check out from the hotel</p> <p>Breakfast in the hotel.</p> <p>9.00 Departure to Riga https://www.liveriga.com/en/</p> <ul style="list-style-type: none"> ✓ Excursion in the Old City ✓ Stay/ accommodation in Riga
Saturday, 8.10.	Departures

Stay in hotel “Naktsmājas” <https://sportshotel.lv/en/>

Single room – 45 EUR

Double room 2 people – 50 EUR

Three people in a room – 65 EUR

4 people in a room – 80 EUR