

X-JUMP



-J.S.-16-

JUMP



-J.S.-16-

TURN AROUND



-J.S.-16-

TOUCH YOUR TOES

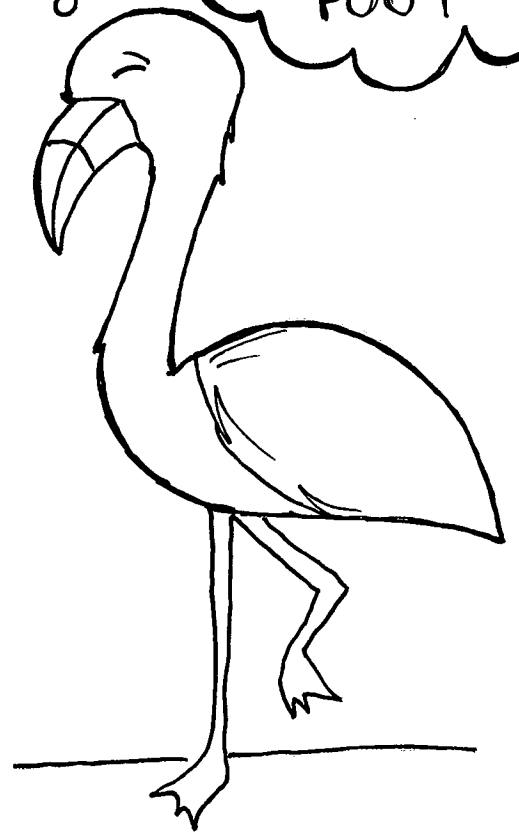


-J.S.-16-

STRETCH YOUR
ARMS



STAND
ON ONE
FOOT



ROUND
YOUR
BACK



STAMP YOUR FEET

