

A photograph of several ripe yellow bananas on a wooden surface. One banana is sliced into several rounds, and a small knife with a wooden handle is lying nearby. The text "Banana bread" is overlaid in a bold, black, italicized font.

Banana bread

What you need :

- 3 bananas (ca. 300g)
- 200 g flour
- 1 teaspoon of cinnamon
- 100g applesauce (without sugar)
- 1 packet of baking powder
- 2 eggs
- 50g nuts
- a little bit butter
- a box-shape



What you have to do :

- Preheat the oven to 180 °C
- Rib the bananas and mesh them well add the eggs and beat it frothy.
- Add flour, backing powder, cinnamon and the apple sauce
- Mix them well
- At least fold the chopped walnuts into the mix
- Refill it into the box shape and bake it for 45 minutes
- Do the chopstick test



Enjoy it